

## Senior Network

CEC's Senior Network is an outreach to and for senior adults 62 years or older. Seniors enjoy and participate in devotional time, light exercise, games, entertainment fellowship and informative speakers. The goal of Senior Network is to reduce isolation and empower seniors to engage the world around them and help them remain active and independent as long as possible.

Seniors meet 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays every month at our Sharon Washburn Center at Emerald Run Apartments.

Volunteers can interact with the seniors, help with snacks, and activities.

Must love working with Seniors!!



Please let us know if you would like to impact the lives of seniors in our community!

Contact Tori Queen (682) 730- 2633